



Charlton Kings Infants' School

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Dear Parents,

Our annual Health Week is taking place on the week beginning 5th March and the theme for this year's event is 'trying something new'.

We are passionate about ensuring children choose to engage in healthy lifestyles. We will be introducing the children to a variety of new sports such as rugby, pilates and new-age kurling. The Y2 children will also have an opportunity to experience the climbing wall on Tuesday 6th March. Please ensure all Y2 pupils have joggers/leggings and trainers/sturdy shoes for the climbing activity on Tuesday.

Each morning of Health Week will begin with the whole school completing a daily mile. This can be completed by walking or running. Therefore the children may wear trainers with their normal school uniform for this week if they choose to.

Each year we receive funding to spend on developing our PE provision. There will therefore be no request for additional payment for this week of activities. You can find more details about how we spend our School Sports Premium on the PE zone of the school website. A full timetable for the week will be available on the school website.

We are very fortunate to have such active children in our school. We hope this fun-filled week will inspire our children to engage in new sports and support them to make healthy lifestyle choices in the future.

Mrs Parsons & Mrs Koller
(PE & PSHE coordinators)

