



**Dear Parent/Carer,**

As your child begins their journey into Reception, we would like to introduce you and your family to the School Nursing Service at Gloucestershire Health and Care NHS Foundation Trust. Starting school is an exciting milestone, and our team is here to support your child's health and wellbeing needs.

**What does the School Nursing Service do?**

Our role is to help children stay healthy, safe, and ready to learn. We work closely with families, schools, and other professionals to improve children's health. This may include:

- Providing advice on healthy lifestyles, sleep, toileting, healthy eating, and emotional wellbeing.
- Supporting parents who have concerns about their child's behaviour, growth, development, or long-term health condition.
- Completing vision screening and measurements as part of the National Child Measurement Programme (NCMP).
- Working as part of the multi-disciplinary team to safeguard children and their wellbeing.
- Signposting families to local services and further support when needed.

**How you can contact us**

Once your child starts school, you are welcome to contact the School Nursing Service if you have questions or concerns about your child's health or development. No concern is too small, and our team is here to help.

You can use our texting service ParentChat on: **07312 263059**



You can also visit our website, refer your child for support, or access helpful resources by scanning the QR code or using this link:

<https://www.ghc.nhs.uk/our-teams-and-services/children-and-young-people/physical-health/school-nursing/>

**Kind regards,**

**The School Nursing Service**

Gloucestershire Health and Care NHS Foundation Trust