

A FREE online  
parent group  
session for  
separated  
parents in  
Gloucestershire

# Getting it right for children



When parents are separating or separated, children can often get caught in the middle.

*Getting it right for children* is a free online course designed to help you parent co-operatively. It can help you to develop positive communication skills, so that you can sort out disagreements and find solutions together.

## You will learn:

- How to stay calm and listen as well as talk.
- Why it's helpful to see things from a different point of view.
- What to do to stop a discussion from turning into an argument.
- Skills for finding solutions and making compromises.

## Getting it right for children Group Course

### How do I access a group?

Groups take place in one 2hr session over Microsoft Teams. You will need access to Wi-Fi, a smart phone, laptop, or tablet. And its free!

### Who is it for?

- Anyone with a parenting role for a child or young person
- Adoptive Parents
- Foster Parents
- Guardians/family members with parenting role

**NOTE:** If both parents wish to take part, they will be invited to attend separate groups.

### How do I book on to the next group?

For more information about future **Getting it right for children** group dates or to book on contact: The Family Information Service.

Email: [Familyinfo@gloucestershire.gov.uk](mailto:Familyinfo@gloucestershire.gov.uk)