



Sessions for Parents



Monday 26th February 2024 / 12.30pm to 3.00pm / In-person at Kingsholm Stadium

Why our children want us to be happy, why it matters and what we can do to get there

Learn about how you can have better conversations and the importance of good communication throughout a child's early years with Honor Rhodes from Tavistock Relationships. Explore our market stalls before and after the talk. (<https://qrco.de/bekSJ3>)



Tuesday 27th February 2024 / 1.00pm to 2.00pm / Online via Zoom

'Me, You and Baby Too' - how to strengthen your relationship as you enter parenthood

For expecting and new parents who would like to find out more about the 'Me, You and Baby Too' resource from OnePlusOne. We'll explore how relationships can change when you become a parent and what you can do to build strong foundations. (<https://qrco.de/bekSJn>)



Wednesday 28th February 2024 / 1.00pm to 2.30pm / Online via Zoom

We all count - The importance of dads in building resilient families

Join Nick Darrock-Fuller from Dad Matters Gloucestershire to learn about the vital role of dads in building resilient families, with real life examples from fathers of how they have overcome conflict in their relationships (<https://qrco.de/bekSJv>)



Thursday 29th February 2024 / 1.00pm to 2.30pm / Online via Zoom

What are they saying? How to have conversations about relationships with your children

Gain insights on having meaningful conversations about relationships with your children, and what they need from you to support them. Presented by Gloucestershire County Council, and STREET (<https://qrco.de/bekSKF>)

Sessions are completely **FREE** so don't miss out! Scan the QR codes or follow the links to "join the guestlist" and be a part of the movement. See you there!