Charlton Kings Infa Weekly me Monday		Wednesday	Thursday	Friday
Margarita Pizza (Gluten, Dairy) and Crispy Potato Wedges (GF Available	Beef Bolognaise and Pasta Twists (Gluten	Hunters Chicken with New Potatoes (Dairy)	Beef Chilli Burritos (Gluten)	Fish Fingers (Fish, Gluten) and Oven Cooked Chips (GF Available)
Quorn Shepherdess Pie (Egg, Gluten)	Spanish Style Frittata (Egg)	Quorn Fillet (Egg) with New Potatoes	Cheese and Tomato Pasta Bake (Gluten, Dairy) (GF and Vegan Available)	Roasted Vegetable and Pesto Parcel (Gluten) (Vegan)
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Summer Berry Sponge Cake (Gluten, Egg)	Oat and Raisin Cookies (Gluten, Egg)	Cheese and Crackers (Dairy, Gluten) with Apple Slices	Chocolate Sponge Cake (Egg, Gluten)	Selection of Whole and Sliced Fruit, Yoghurt (Dairy) and Sauces
Available daily Freshly Baked Bread, Salads, Fruit and Yoght W/C 4th Mar, 8th Apr, 29th Apr, 20th May, 17th				# AR RISON food with thought