

Dear Parents and Carers,

We would like to invite you to our session on

## How to help your child become “school ready” for September

During this session, you will have a chance to find out more about how to:

- ✓ encourage self-care in children and promote independence;
- ✓ help children cope emotionally with separation from parents;
- ✓ support children with developing and enhancing their social and emotional skills needed for school.

**When:** 26.6.22 at 7pm

**Where:** Online

**How to join:** follow this link

<https://us06web.zoom.us/j/85791288127?pwd=YjhpVmtCZG5MdHlqL1h5NFZwWWwrZz09>

Or type in this information into your Zoom app:

Meeting ID: 857 9128 8127

Passcode: 241416

Session will be run by Marijana Filipovic-Carter, our school’s Family Engagement and Support lead. Marijana has been supporting parents for 10 years now and developed the F-C approach to incorporate interpersonal neurobiology research, positive discipline and other respectful methods, which she now applies in her work with schools and families.

For more information, please contact Marijana on [marijana@move-more.org](mailto:marijana@move-more.org)

