



Mastery in PSHE at Charlton Kings Infants' School 'Building Responsible members of our Community'

Beliefs and values:

At CKIS we ensure that our curriculum is designed to develop pupils' understanding of how to make healthy life choices for themselves and those around them (diet, exercise, hygiene, relationships, substance use, finance), to promote awareness of their responsibilities as citizens and how to make positive contributions to their community, now and in the future. This is strongly linked to our SMSC provision and is reflected in our school values. There is a strong emphasis on the importance of developing and maintaining good mental health.

Mastery teaching and learning in PSHE:

In the **EYFS** (Kindergarten and Reception), children experience PSHE through discrete lessons and throughout all of the provision. These are linked to the Early Years Framework and Development Matters. Children:

- Build self-confidence and awareness – gaining confidence and resilience when working and playing alongside others.
- Learn about how to understand and manage their feelings and ensuing behaviours.
- Develop skills to build positive relationships with adults and peers, showing sensitivity, understanding of others behaviour and feelings and a capacity to resolve conflict with others.
- Develop understanding of the importance of healthy lifestyle choices and knowledge of ways to keep safe.

In **Key stage 1**, teaching and learning builds on the work in the EYFS and learning objectives are delivered through The Cambridge Scheme of work with supplementary materials from the local authority – The PiNK Curriculum and SCARF – and Commando Joe lessons. Lessons are discrete subject lessons but within the continuous provision we provide, there are constant opportunities to develop the skills and understanding our PSHE curriculum details. This covers the following areas:

- Health & Well-being – including physical and mental health and the factors which contribute to it or otherwise (including Drugs Education).
- Relationships – forming positive relationships and understanding acceptable behaviour in different social situations (including Sex & Relationships Education).
- Relationships – accepting difference and tolerating those who think differently.
- Living in the Wider World and being part of the community – including keeping safe, knowing about local and global responsibilities, democracy and financial awareness.

From September 2020, there will be a statutory requirement to teach about Sex & Relationships at an age appropriate level. This is already part of our existing curriculum.

Lessons may include debate, circle time, taught sessions, investigations, physical challenges and problem solving opportunities and visiting speakers. Forest School sessions for all year groups support our PSHE provision. Regular focus weeks (Parliament Week, Health Week, Fitness Fortnight, One World Week), enrich provision and enhance the profile of the subject. News and current affairs are regularly introduced into lessons as they take the children's interest and provoke debate.

Monitoring, Evaluation and Improvement:

Assessment criteria are written into our school curriculum and medium term plans. Teachers monitor children's progress and attainment throughout the year in order to inform ongoing teaching and learning. The subject leader and SLT monitor the quality of teaching and learning in PSHE/SMSC through learning walks, lesson study, pupil conferencing and scrutiny of evidence (children's comments/responses to situations/recorded work). Planning is reviewed annually and advice is given where necessary. The co-ordinator attends relevant subject training and feeds back to colleagues in order to ensure that improvements to the teaching and learning of PSHE are constantly reviewed and planned for.