



Mastery in Physical Education at Charlton Kings Infants' School 'Building healthy citizens'

Beliefs and values:

At CKIS we want to inspire our children to excel in physically demanding activities and a range of competitive sports. We aim to ensure that all children develop their physical confidence alongside an awareness and respect for their own health and well-being. We also believe that high quality physical education promotes the positive learning behaviours of respect and fairness. We want to ensure that all children:

- are physically active for sustained periods of time and lead health, active lives.
- develop competence to excel in a broad range of physical activities.
- engage in competitive sports and activities.

Mastery teaching and learning in PE:

In the **EYFS** (Kindergarten and Reception), children have rich opportunities to develop their physical confidence and engage in competitive sports both through continuous provision within a rich indoor and outdoor environment and whole class lessons. Objectives for learning are linked to the Early Years Framework and Development Matters, aiming to ensure that children:

- show good control and co-ordination in large and small movements.
- move confidently in a range of ways, safely negotiating space.
- handle equipment and tools effectively.

In **Key stage 1** teaching and learning objectives are linked to the National Curriculum. Children have daily opportunities to develop their physical confidence when engaged in learning activities within the rich indoor and outdoor learning environments. They are also encouraged to be physically active on a daily basis through daily 'Wake and Shake', planned playtime activities, led by playtime buddies and supported for part of the week by our sports apprentice. For whole class lessons, all year groups use the Lancashire scheme of work as recommended by the Cheltenham and North Tewksbury School Sports Network. Lessons are enhanced using other schemes of work such as Top marks and Blueprints. Children also have many opportunities to partake in extra-curricular activities, including 'Move more', sports club, dance club and Zumba club. The children take part in lots of activities outside of school, including the 'Feet first' dance festival, Country dancing displays and all children from YR-Y2 take part in a 'Multiskills festival' with other local schools. We also have focussed PE weeks which include Health Week and Fitness Fortnight.

Throughout KS1 children are taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.
- participate in team games, developing simple tactics for attacking and defending.
- perform dances using simple movement patterns.

Monitoring, Evaluation and Improvement

Assessment criteria are written into our school curriculum and medium term plans. Teachers monitor children's progress and attainment throughout the year in order to inform ongoing teaching and learning. All teachers assess all pupils on the FUNdamental skills at the end of each year. The subject leader and SLT monitor the quality of teaching and learning in PE through learning walks, lesson study, pupil conferencing and teacher assessments. Planning is reviewed annually and advice is given where necessary. The co-ordinator attends relevant subject training and feeds back to colleagues in order to ensure that improvements to the teaching and learning of PE are constantly reviewed and planned for.



**Charlton Kings
Infants' School**

Name (Subject lead – Charlton Kings Infants' School)