

Developing fine motor control

Fine motor skill activities are a great help when it comes to developing your child's pre writing abilities. Fine motor activities focus on motor skill development by improving the muscles in the fingers and hands, strengthening hand grip, and developing wrist movement. By doing all of those things, your child will be better prepared to hold a pencil for long periods of time, and learn to write and draw with strong and controlled muscles.

At Kindergarten we encourage the development of fine motor skills by providing daily opportunities for the children to engage in 'finger gym' activities. We have a playdough 'station' outside where the children have access to playdough every day.

Activities you might like to try with your child at home

- Threading pipe cleaners through colander holes
- Pegging the washing
- Using children's tweezers to pick up small objects
- Using pipettes to move water from one container to another
- Using water pistols and spray bottles
- Using hole punchers
- Threading pasta or cheerio's onto dried spaghetti

Scissor skills

Why are they so important?

- They help to build fine motor strength

Cutting allows your child to build up and strengthen the small muscles in their hands with the open and close motion. These muscles are so important for writing, painting and using tools such as utensils or a toothbrush.

- They help to develop hand-eye coordination

Cutting requires your child to use their eyes and hands in unison to accomplish the task. Hand-eye coordination is important for a wide range of activities including catching a ball and doing a zip on a coat.

- They increase bilateral coordination

Cutting encourages your child to use both sides of their body at the same time therefore developing skills such as those needed for dancing, doing up a zip or using stilts.

Please let me know if you would like to borrow a scissor skill activity pack. You can use the scissors and cutting resources to support your child at home to develop their scissor techniques. Please let your child's key person know how your child got on with the pack using the comment form included.